



“my heartfelt commitment to you”

**Eleanor Kibrick**

applying the wisdom and tools  
of Astrology to your daily life

### ***The Human Zodiac***

A number of years ago I was fortunate to attend wonderful women’s festival during Summer Solstice in the mountains of upstate New York. I was asked to create some activity that could bring Astrology to life. Since there were around 150 women at each gathering, we had enough people to create a “Human Zodiac.”

A large circle with markers for each sign of the Zodiac was fashioned. The participants were then asked to cluster into their Sun signs.

The participants were first asked to compare traits with the people in their Sun signs and then report to the other groups any similarities they shared. The first round went well – and was fairly predictable in that everyone had the same notions of their Sun signs based on what they knew from newspaper horoscopes and other such sources.

Then they were asked to cluster in their Moon signs. The energies shifted enormously. There was a great sense of excitement in each cluster. (Before the event I had made myself available to everyone to make sure they knew their Moon signs so they could all participate in the exercise.) Everyone was buzzing with excitement as hearts joined hearts and feelings that were important to one person, seemed to resonate throughout with each participant in the cluster.

The Human Zodiac came to life!

When the time was up, and the groups gathered together to tell what happened in their group, we reported in order of the Signs.

The following examples illustrate how instructive the exercise turned out to be. If anyone had any doubts about the significance of Astrology before the event, they were dispelled by the end of the activity!

As we moved through the signs from Aries to Pisces, the contrasts were amazing.

The Aries Moon women were strong leaders, impatient, enthusiastic and full of high energy. Being in the forefront was really important to all of them.

The women with their Moons in Taurus were very warm and talked about what they loved and what they possessed and what they hoped to attain financially and/or aesthetically.

The Gemini group talked and talked – around each other, over each other, ideas bubbling over.

Women with their Moons in Cancer were very excited about their children, their gardens, their cooking, and other homey topics.

Moon in Leo women discussed their workplaces and how they achieved a variety of goals.

The Moon in Virgo women gave their report and then kept interrupting every group that followed them to add some little bits that they left out of their report to make sure it was perfect! It was really funny to see them in action. They were a pretty obsessive bunch. Fortunately, they laughed along with us as their actions were pretty obviously “Virgo-ish.”

Libra Moon women were concerned with beauty, social justice, fairness and personal ethics.

The Moon in Scorpio women were pretty intense. We could all feel their emotional bonding.

The women with their Moons in Sagittarius gave a very high energy response. They didn’t say a word – they just yelled and whooped and jumped and danced! That was their report.

The Moon in Capricorn participants appeared very happy to find each other and I think they bonded the most. They finally found a group that took each other very seriously and shared many details of what was important to them. They were industrious, serious and ended up spending a lot time together.

Moon in Aquarius women were self-possessed, interested in social causes and trends and were quite phlegmatic.

There was only one woman in the entire group with her Moon in Pisces. She was very feminine, soft and dreamy and just smiled at us.

These differences illustrate that the Moon sign at birth is very significant in shaping our perceptions and emotional styles of expression. It is strongly aligned to our values and what we consider relevant to our lives. The Moon also can represent our subconscious patterns, tendencies and habitual patterns.

The Phases of the Moon are also very important – both the phase that the Moon was in at the time of our birth, and the Moon phases that we experience throughout our lives. When the Moon is “void of course” it’s best to spend that time completing tasks, rather than taking new actions, like signing contracts or starting a new project. These periods can last from several minutes, to one or two days in length.

Obviously when we look at the individual - the complexities multiply. Where is the Moon located in the birth chart? What relationship is the Moon making with other planets? How does the Moon fit in to the entire chart?

The second year I led the Human Zodiac exercise, I added Venus clusters to the exercise and again, the signs came to life as women were very excited as they shared in their small groups how they loved and whom they loved! They could have just visited with each other for hours as their stories multiplied.

If any of you want to experience being part of the Human Zodiac and have access to a large group of people (>100) it’s a really great way to have fun and learn by experiencing the contrasts and similarities of people who share some of your energetic pattern. I think that this type of activity would be great at conferences and other large gatherings as a way to celebrate together.

Please share your responses with me. I would love to hear from you!

Keep looking up!

## Eleanor

*An excellent Moon calendar that I use is published by the Luna Press, and it's timely to order one now. I highly recommend it. <http://www.thelunapress.com>. You would then have access to the phases of the Moon and also when the Moon is "void of course."*

**Eleanor Kibrick** has been a practicing Astrologer and coach since 1976. She specializes in providing in-depth, psychological/spiritual readings to help her clients appreciate and activate their potential. Eleanor also has degrees in Physiology and Pharmacology and taught Physiology, Pharmacology and Microbiology to nurses and other health professionals for many years.

Currently, Eleanor is Program Director for the Nightingale Initiative for Global Health (NIGH). She co-created NIGH's "Care for the Caregiver™" series of workshops that she has presented to healthcare professionals and at annual conferences of nursing organizations including AHNA, ARN and IAHC. Workshops include: "The Power of Words: Experience How Language and Thought Patterns Profoundly Affect Health and Well-Being" and "The Language of Leadership: We are the Ones We've Been Waiting For."

NIGH's mission is to educate and empower nurses, healthcare workers and other concerned citizens to learn to communicate more effectively—about health issues—with each other, with friends and colleagues and with community and national leaders – and by networking together globally - to build a healthy world.

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