



“my heartfelt commitment to you”

***Eleanor Kibrick***

applying the wisdom and tools  
of Astrology to your daily life

### **Saturn Opposite Neptune – Contrasts and Conundrums**

Since early last August 2006, Saturn in Leo and Neptune in Aquarius have been circling almost exactly opposite each other and are affecting us individually and collectively. They will remain in this configuration as they slowly move in their orbits, until late July 2007, when Saturn will quickly move away from the opposition, ending this cycle.

The energies of Saturn and Neptune are so different that it's really important to understand some of the roots of confusion that we may be experiencing and the choices that we need to consider, both individually and collectively.

Saturn is the Lord of the material world and is related to the skeleton which supports and gives structure and strength to the body.

Saturn rules the visible, the measurable and the passage of time. Saturn constricts, constrains, focuses, and builds. Its energy is expressed through corporate, financial and governing systems. In its un-evolved expression, Saturn is associated with rigidity, harshness and righteousness. In its evolved expression, Saturn brings maturity, loyalty accountability and wisdom.

By contrast, Neptune is ephemeral, ruling the pineal gland, the area of our third eye and seat of illumination. In the material world, Neptune is related to illusion, delusion, deception, forgetfulness, and dreaminess. In its immature expression, Neptune can be related to the angry martyr, or perpetual victim or deceiver, or chameleon-like person who has no opinion of his/her own. In its evolved expression, Neptune is associated with personal sacrifice, selfless service, idealism and is more of an “other-worldly” energy that has no structure - embodying universal love. It's the energy of the visionary, the intuitive and the healer.

Collectively, at this time, many of us are feeling tremendous uncertainty and confusion at the subterfuge, lack of concrete plans or effective actions, so clearly seen in the current major morass in Iraq, for example.

An opposition implies in part - that it's important to know what to focus on. If we're too caught up in Saturn's energy, we can be too concerned with our personal ambitions and duties - putting them ahead of nurturing our relationships and making time for ourselves - being constantly too busy with the need to attain and gain and accomplish.

If we're too caught up in Neptune's energy, we continuously are tempted to escape, watch too much TV, and find too many other distractions, feel unfocused and uncommitted, hopeless and helpless – wanting a perfect world, a loving and beautiful world - without rolling up our sleeves and getting to work in any effective way.

Balancing our material and spiritual needs and making room for both is essential. With Saturn opposite Neptune, the choices we make – moment by moment – are vital to our mental, emotional, physical and spiritual health. There's no magic formula. It's not a simple 50-50! For some of us, it may mean stepping off the treadmill, regardless of the world calling to us – because Spirit is calling even louder. For others, it may mean shaking off the lethargy and joining a group that's working hard to make the world a better place. Please take the time to be still enough each day to get the inner guidance that's right for you.

One way is to be quiet and ask “what next?” – and then take that next guided step and see what will follow. It can be as “minor” as taking a bath and relaxing with wonderful music. It can be doing that chore that you've been avoiding all week. These small actions, when guided from that quiet place, are what can help keep the balance while living through the push and pull and struggle of the two great Cosmic Beings, Saturn and Neptune, who are shaping us, testing us, and checking us for our real priorities.

The choice is always ours – in little and grand ways – to keep true to ourselves, our purpose and our highest values.

**Blessings and Courage to One and All!**

## **Eleanor**

**Eleanor Kibrick** *has been a practicing Astrologer and coach since 1976. She specializes in providing in-depth, psychological/spiritual readings to help her clients appreciate and activate their potential. Eleanor also has degrees in Physiology and Pharmacology and taught Physiology, Pharmacology and Microbiology to nurses and other health professionals for many years.*

*Currently, Eleanor is Program Director for the Nightingale Initiative for Global Health (NIGH). She co-created NIGH's “Care for the Caregiver™” series of workshops that she has presented to healthcare professionals and at annual conferences of nursing organizations including AHNA, ARN and IAHC. Workshops include: “The Power of Words: Experience How Language and Thought Patterns Profoundly Affect Health and*

*Well-Being and “The Language of Leadership: We are the Ones We’ve Been Waiting For.”*

*NIGH’s mission is to educate and empower nurses, healthcare workers and other concerned citizens to learn to communicate more effectively—about health issues—with each other, with friends and colleagues and with community and national leaders – and by networking together globally - to build a healthy world.*

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