



“my heartfelt commitment to you”

**Eleanor Kibrick**

applying the wisdom and tools  
of Astrology to your daily life

### **Astrology: Our Profound and Synchronous Cosmic Blueprint.**

The study and practice of Astrology has continuously been deepening for me - and 30 years later, after giving thousands of readings - I'm filled with more “wonder and awe” than when I began. Astrology is an ancient discipline spanning many cultures and brings a richness and depth of understanding about *our energetic relationship with the planetary patterns present when we took our first breath*. Astrology is not fatalistic. It describes our tendencies, talents, early conditions, values and attitudes and leaves plenty of room for individual expression in how we choose to live our lives.

“Modern” science is catching up with the ancient wisdom traditions and the recent popularity of the movie “What the Bleep Do We Know!” reflects the growing understanding of our interconnectedness with our universe and all that is.

Cosmic influences are constantly affecting us, and also influencing our physical, social and political environments.

There are many points of entry into this body of knowledge. A good place to start is by studying your own chart. Your birth chart outlines the complexity and uniqueness of who you are – a planetary reflection of that instant in time that will never exactly repeat itself. Only you can fulfill your unique “mission” while here – there are no replacements or backup systems! Even identical twins are not astrologically identical – each arrived on their own evolutionary path and has a unique part to play.

In each column I'll be highlighting some of the planetary configurations that are affecting most of us during the time it's posted on this website. In this offering, the highlight will be on communication, belief systems and our cultural story.

**Mercury** is a planet associated with everyday communication and when it slows down in its orbital path three times a year, we have periods known as “Mercury retrograde.” These cycles are associated with slowdowns in all forms of communication, so these are the times to reflect, review and redo. It's best to avoid making new agreements, signing contracts or doing mass mailings. It's wise to back-up all important computer data and be patient with delays and miscommunications.

To take advantage of Mercury retrograde periods, *it's best to slow down and align with this natural energetic cycle.* In 2006, Mercury is in its retrograde cycle between March 2-24, July 4-28 and October 28-Nov. 17.

**Neptune** is associated with visionary and spiritual matters in the subtle worlds - and in the material world - with the need to sort through illusion and delusion on our journey to discern the truth. We certainly have been experiencing Neptunian-like declarations made by leaders in our government and elsewhere in the world, and sifting through what's real and what's merely verbiage, is part of our collective challenge – in our political and social systems, and in our personal lives!

For all of us, Neptune is in a challenging relationship with Jupiter until mid-October, 2006. This supports an atmosphere of exaggeration and the need to distinguish between ideals and reality – moment by moment. These huge energies operate on a grand scale and usually affect us more on a societal level than personally. Still, depending on our birth charts, this configuration can be a source of confusion and lead to a lack of grounded-ness for many of us.

So – what to do? First of all, obviously, we need to stay grounded. It's important to support each other and use all of the tools we've learned in countless workshops. Spend time in nature, meditate and/or find other ways to quiet down and listen to the guidance that can and will come through. Get plenty of rest and keep focused on immediate priorities. In our personal and professional lives, promising that which we can and will deliver is crucial right now. Let's watch our tendencies to exaggerate and keep coming back to what we know we can count on that's on a reasonable scale.

**Pluto** continues its journey through the sign of Sagittarius. In its less mature expression, this configuration can stimulate strong fanaticism. At its highest level, it's the energy of potentially profound transformation of our belief systems and cultural stories to create new and more encompassing ones relevant to the 21<sup>st</sup> century.

For anyone with personal planets in Gemini, Sagittarius, Pisces or Virgo, Pluto's influence can be stretching you to focus on ways you can contribute to helping transform social systems for the better. Letting go of the attitude of "what's in it for me" can help release this enormous reservoir of energy to bring about a better world. Any confrontational energies need to also be transmuted into ways of creating or embodying peaceful solutions. Standing in integrity and honesty uses the best of Pluto in Sagittarius' potential.

Finally – with the Planet **Saturn** journeying through Leo for the next couple of years, the emphasis is on the heart – keeping it as open as possible – even while feeling the pull to shut down (Saturn) and protect/defend ourselves. Leo is the sign of royalty and natural nobility and dignity. Saturn, at its finest, is the symbol for wisdom and maturity. This combination, used for the highest good, can be a support system that truly works well – based on mutual respect, loving kindness and discernment.

Please share your responses with me. I would love to hear from you!

Keep looking up!

### *Eleanor*

**Eleanor Kibrick** *has been a practicing Astrologer and coach since 1976. She specializes in providing in-depth, psychological/spiritual readings to help her clients appreciate and activate their potential. Eleanor also has degrees in Physiology and Pharmacology and taught Physiology, Pharmacology and Microbiology to nurses and other health professionals for many years.*

*Currently, Eleanor is Program Director for the Nightingale Initiative for Global Health (NIGH). She co-created NIGH's "Care for the Caregiver™" series of workshops that she has presented to healthcare professionals and at annual conferences of nursing organizations including AHNA, ARN and IAHC. Workshops include: "The Power of Words: Experience How Language and Thought Patterns Profoundly Affect Health and Well-Being and "The Language of Leadership: We are the Ones We've Been Waiting For."*

*NIGH's mission is to educate and empower nurses, healthcare workers and other concerned citizens to learn to communicate more effectively—about health issues—with each other, with friends and colleagues and with community and national leaders – and by networking together globally - to build a healthy world.*

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