

## **Journal Review by the American Holistic Nurses Association**

### ***Alternative Journal of Nursing: Exploring New Frontiers in Nursing Practice***

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**Ordering Information:** Free online journal published 3 times a year (March, July, November); Web site <http://www.altjn.com/home.asp>.

**Representation on Editorial and/or Advisory Boards:** Journal states its advisory panel includes an astrologer and tarotist, an alternative physician (who is also a tarot counselor and astrologer), and an individual on the Oregon governor's Commission on Black Affairs who is NAACP Educational Chair. The editor and consulting editors were all nurses.

**Contents:** Home Page; Editor's page with letters and notes from the editors; Advertising Section explaining how to advertise and the benefits of doing so; Perspectives—articles such as “Intercessory prayer,” “Nursing as a spiritual practice” (by Barbara Dossey), and “The psychology of astrology” (by Toni Gilbert, the editor); Ideas and Opinions included articles such as “Healer archetype” (by Andrew Weil), “Transforming the way we heal” (by M. Waldman), and “The light of creative imagination”; Profiles lists a small number of ads for services, but states that it also serves as a way of showing people the kinds of ads they can purchase; Products/Services has some ads for services and seminars (such as a tarot reading certification program), but states that it also serves as a means of showing prospective advertisers what they can purchase; Archives noted that 6 issues from 2003–2004 are available free with full text articles.

**CEUs/Educational Opportunities:** None available in issues reviewed.

**Author Credentials:** The majority of authors are RNs, MDs, and PhDs.

**Journal Assessment:** This is an interesting online journal. Many physicians had written articles and a large percentage of the topics in the issues reviewed were on Tarot reading and archetypes. There were also many interesting and informative articles on becoming a better healer and several “political” articles about marijuana use, addiction and nurses, the consequences of reporting rape in Pakistan, and racism and Strom Thurmond. There seemed to be a little of something for everyone. The articles were not research oriented, and there was a mixture between articles with reference lists and those as personal opinion. The journal began in April 2003, and it is evident that it is a developing process as one goes through the seven available issues since initiation. It is worth supporting and adding your suggestions about what you would like to see included as a nursing journal.